



CYBERBULLYING

Warning Signs You Are Being Cyberbullied

If you have experienced any of these warning signs, talk to a trusted adult right away!

Am I Being Cyberbullied?

- ◆ I have received mean or threatening e-mail messages, text messages, or instant messages.
- ◆ Someone has posted mean or hurtful things about me online.
- ◆ Someone has forwarded my e-mails or text messages to another person without my permission.
- ◆ Someone has altered a picture of me online.
- ◆ Someone has taken pictures of me without my permission and posted them online.
- ◆ Someone has stolen my password and is sending messages or posting things and pretending to be me.
- ◆ Someone is excluding me from an online group.
- ◆ Someone has started an offensive profile or page about me.