

Virtual Resource Fair

CUSD 303 Spring 2021



Counseling and Psychiatric Services



Centennial
Counseling
Center

GROWTH. HEALING. HOPE.

OUR MISSION :

- PROVIDE THE HIGHEST QUALITY THERAPEUTIC CARE
- LONG-TERM COMMITMENT TO SERVE OUR COMMUNITIES
- ASSIST CLIENTS IN A FAITH-SENSITIVE MANNER

1120 E Main St
St. Charles IL 60174
630-377-6613

<https://www.centennialcounseling.com/>



Barnum
Counseling

Alisha Barnum & Associates

311 N. 2nd Street,
Suite 207
St. Charles, Illinois
60174
630-797-9192

Individual, Couples, Family and Group
In-Person and Telehealth Counseling and
Psychotherapy

Contact Us

Click [HERE](#) to learn what to expect from counseling and therapy



Cafal Clinic

Psychiatry and Consultation Services S.C.

455 Dunham Rd. Suite 100
St. Charles, IL 60174
Phone: 630-770-3475
Fax: 331-901-5127

Office Hours:
Mon, Wed, Fri: 10 AM- 5 PM,
Sat: 10 AM- 2 PM

Cafal Clinic

Psychiatric Services Highlights



Individual Therapy

Individual counseling is a process through which clients work one-on-one with a trained mental health clinician



Family Therapy

Family therapy is a type of psychological counseling that can help family members improve communication and resolve conflicts.



Relaxation Skills

A method used to help reduce muscle tension and stress, lower blood pressure, and control pain.



CBT

CBT helps you become aware of inaccurate or negative thinking so you can view challenging situations more clearly.



ST.CHARLES OFFICE
1400 Lincoln Hwy, Suite A,
St. Charles, IL 60174

(630) 797-9872

**SCHEDULE
APPOINTMENT**

Counseling Services at Cedar Tree

✓ Individual Counseling

For those looking to work on past hurts, manage their anxiety, stress, or depression. Or, maybe, just work on themselves because something doesn't feel right.

✓ Couples Counseling

For couples & marriages who want to have a deeper connection, heal from past wounds, and grow in intimacy.



✓ Adolescent Counseling

Our adolescent therapists help anxious and angry teens & frustrated parents work through communication barriers and build trust and respect. [Learn more.](#)

✓ Counseling for Children Ages 4-12

Our child therapists help children as young as 4 years old who struggle with anxiety, worry, abuse, school concerns, and big life transitions. [Learn more.](#)

**2560 FOXFIELD ROAD, SUITE 320, ST.
CHARLES, IL 60174**

***TO REQUEST A NEW SESSION VIA TELEHEALTH OR IN OFFICE,
PLEASE CONTACT: 630-222-7375 EXTENSION 7 OR EMAIL:
CGREENWELL@CONSIDERYOURSELF COUNSELING.COM***



**Consider Yourself
Counseling**

EST MMXII

CREEKWOOD
ASSOCIATES



240 S 5th Avenue
St. Charles, IL 60174
630-377-1414

<https://www.creekwoodassociates.com/>

Practice Philosophy

Creekwood Associates provides comprehensive behavioral healthcare for preschoolers, children, adolescents, and adults in a patient-friendly, warm, and welcoming environment.

At Creekwood Associates, we value:

- The client's voice in their own care
- Collaborative treatment planning with clients, family members, and other providers
- Developmental, social/societal, and cultural contexts in clients' lives
- Trauma-sensitive care
- Encouraging client's questions
- Engaging and giving back to our community



Leading Individuals to a Healthier Life

1845 Grandstand Place,

Elgin, IL 60123

(847) 695-0484

<https://www.eckercenter.org/>

Our Programs and Services

We offer a full range of behavioral health services for youth, adolescents, and adults. Treatment is carefully planned and customized for each person based on their individual needs and strengths. No matter what you are going through, help is available!



A Better Life Starts Now.

| ST. CHARLES

2075 Foxfield Road, Suite 103

St. Charles, IL 60174

847-457-6730

Hours: Monday-Friday 10AM - 8PM

We work with all adolescents, ages 12 to 19, struggling with maladaptive behaviors such as substance abuse, self-injury, defiance and suicidal ideation as well as significant mood and anxiety disorders. Because every adolescent is unique, we develop an individualized treatment plan designed to meet the precise needs of each patient and family.

Importantly, we integrate parents into the treatment process.

- Adolescent Intensive Outpatient Program (IOP)
- Adolescent Dialectical Behavior Therapy (DBT) Skills Group
- Individual, Family, and Couples Therapy

<https://www.familyrecoverycenters.com/st-charles>



Fox Clinical Services

Your Family's Home for Complete Mental Wellness

Fox Clinical Services offers comprehensive mental health services that create a caring path to mental wellness, including:

- Child and Teen Counseling
- Adult Counseling
- Couples Counseling
- Groups
- Neuropsychological Testing

2580 Foxfield Rd., Suite 101, St. Charles, IL

630-797-9332

Fox Clinical Services

Owens & Associates

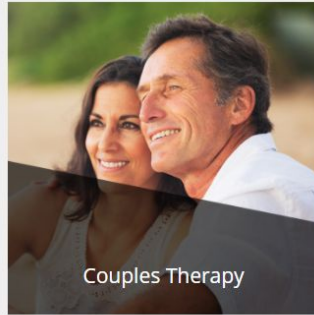
Counseling & Therapy Center, LLC.

1118 E. Main, Suite 2A St. Charles, IL 60174
847-854-4333
Owens & Associates

SERVICES OFFERED



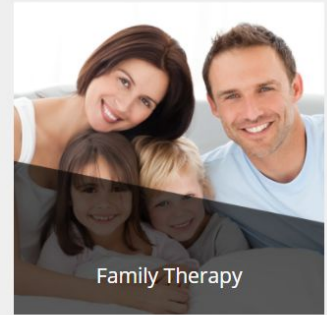
Child-Adolescent Therapy



Couples Therapy



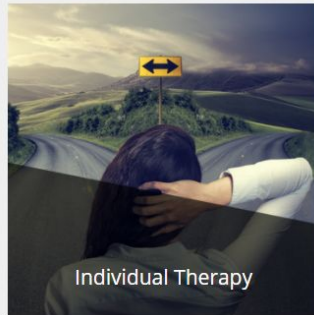
Court Ordered Counseling



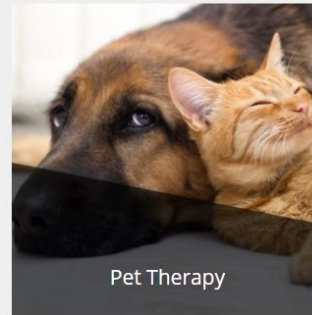
Family Therapy



Group Therapy



Individual Therapy



Pet Therapy



Skills Training



Pica & Associates

Psychological Services and Holistic Medicine

We proudly offer a variety of therapy services:

Psychological & School Testing
ADHD & Autism Services
Animal-Assisted Therapy
Art Therapy
Individual & Family Therapy
Suicide Prevention Services
Experiential Therapy
Substance Abuse Treatment
And more!

**JUST ADDED!
OUR NEW SENSORY ROOM!**



<https://pica-associates.com/>

| 630.549.6497



511 Illinois Ave,
St. Charles, IL 60174
630.549.6245

<https://www.theplumtree.net/>

Plum Tree provides therapy for kids and support for parents. We conduct psychological and neuropsychological testing for academic, diagnostic, and clinical issues. Plum Tree cares for kids and teens with anxiety, depression, inattention, impulsivity, grief, and low self-esteem. We help kids control behaviors, feelings, and thoughts. Plum Tree's DBT program helps self-injury or suicidal teens. ADHD coaching helps teens get better grades.

[Schedule Appointment](#)



Contact Us

Main Line: (630) 587-3777

Fax: (630) 587-3791

New Clients: (630) 587-3777 x102

Front Desk: (630) 587-3777 x101

Locations

St. Charles

111 E. Main Street
St. Charles, IL 60174

Batavia

13 E. Wilson Street
Batavia, IL 60510

South Elgin

474 Briargate Drive
South Elgin IL 60177

North Aurora

66 Miller Drive, Suite 104
North Aurora, IL 60542

Infants through Preschool

Our therapists understand the daily struggles of parenting infants, toddlers, and preschoolers and are trained to assist parents.

School-age Children & Teens

We provide a combination of individual, group, parenting, and family therapy to address each child's individual goals and needs.

Adults, Couples & Parents

We explore each adult individual's strengths, needs, and challenges in order to support change and help reach personal goals.



Intensive Anxiety Clinic

As a supplement to the individual and family therapy you already have in place, Riverview's Intensive Anxiety Clinic offers a higher level of care to teach children and adolescents the basic skills necessary to effectively manage their anxiety and lead fuller, more enjoyable lives. Learn more about our clinic today!

[Riverview Counseling](#)



Free Parenting Workshops

Open to everyone in the community, these FREE monthly presentations focus on ideas to manage common parenting obstacles. Each informal, small-group presentation is 45 minutes long followed by a 15 minute question and answer session. Click the link below to attend the next workshop!



Social Groups

Riverview's social groups help kids learn the skills they need to navigate their world and improve relationships with others. We offer multiple groups to accommodate a range of ages and a variety of needs. These groups are conducted by licensed clinical social workers and counselors and are capped at 6 children per group for more personalized attention.

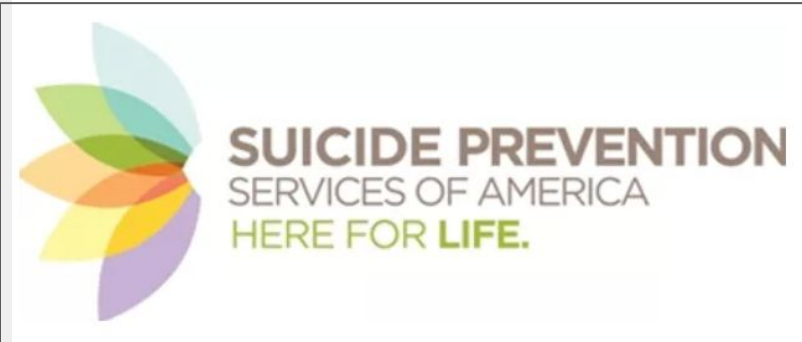


311 N. 2nd St., Suite 203 St. Charles, IL 60174
630-377-5105

St. Charles Counseling

Therapy services include:

- Individual
- Couples
- Adolescent and Adolescent Group Therapy
- Family
- Telehealth Online Therapy



528 S. Batavia Avenue
Batavia, Illinois 60510

Office: 630-482-9699

<https://www.spsamerica.org/>



Counseling



Our support groups meet monthly and are open to anyone who has experienced a loss by suicide.

Support Groups



Volunteer



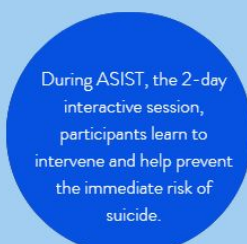
Workshops



Outreach in Schools



Depression Screening



During ASIST, the 2-day interactive session, participants learn to intervene and help prevent the immediate risk of suicide.

Prevention Training



We answer calls 24 hours a day. 800-273-8255 & 630-482-9696. Should you need us in a crisis, simply call.

24-Hour Phone Hotline

I NEED HELP



MAIN OFFICE

1120 Randall Court, Geneva, IL 60134

Monday - Thursday 9:00 AM - 9:00 PM

Fridays 9:00 AM - 5:00 PM

SATELLITE OFFICE

2570 Foxfield Road, Suite 101, St. Charles, IL 60174

CONTACT US

Phone: 630.232.1070

<https://www.tricityfamilyservices.org/>

Since 1967, TriCity Family Services has been Kane County's leading provider of counseling and other mental health services to clients of all ages and all income levels. Our experienced team of professional therapists provides the residents of Central and Southern Kane County and its surrounding areas with counseling, Family-Based Treatment for Eating Disorders Program, psychiatric services, emotional wellness workshops and support groups, and employee assistance programs.

Behavioral Health Hospitals



In sickness and in health®

If you or a family member is struggling with mental health issues, addiction or behavioral disorders, AMITA Health is there for you when life becomes too difficult.

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Blvd.
Hoffman Estates, IL 60169
800.432.5005

AMITA Health Adventist Medical Center Hinsdale

120 N. Oak St.,
Hinsdale, Illinois 60521
630-856-9000

Amita Health St Joseph Hospital

77 N. Airlite St., Elgin, Illinois 60123
847-695-3200

AMITA Health Center for Mental Health

3436 N. Kennicott Ave.,
Arlington Heights, Illinois 60004
847-952-7460

AMITA Health Medical Group Behavioral Medicine Aurora

1325 N. Highland Ave.,
Aurora, Illinois 60506
630-906-7015

[Schedule Appointment](#)

Linden Oaks Behavioral Health

Main Campus
852 South West Street
Naperville, IL 60540

Main Phone:
630-305-5027
**24-hour resource and
referral.**

St. Charles Location
3805 E. Main Street
Suite M
St. Charles, IL 60174

Linden Oaks Behavioral Health offers behavioral and mental health services, including inpatient and outpatient treatment plus recovery programs for depression, substance abuse, eating disorders and more.

SCHEDULE A FREE ASSESSMENT

Linden Oaks Behavioral Health

Northwestern Medicine offers a unique approach to treating adolescents struggling with emotional and psychiatric issues. Our program has been designed specifically for adolescents, ages 13-18 years old, who need intensive support in their journey toward good mental health.

Northwestern Medicine Central DuPage Hospital

25 N. Winfield Road
Winfield, IL 60190
630.933.1600

Northwestern Medicine Behavioral Health Services

964 N. 5th Ave.
Saint Charles, IL 60174
630.933.4000

Northwestern Medicine Behavioral Health Services

27W350 Highlake Road
Winfield, IL 60190
630.933.4000

Northwestern Medicine Behavioral Health Services

7 Blanchard Circle Suite 100
Wheaton, IL 60189
630.933.4000

BEHAVIORAL HEALTH CARE FOR TEENS



907 N Elm St, Suite 300, Hinsdale, IL 60521

To request a screening: 888-927-2203

For all other clinic inquiries: 630-686-4544

[Request a Free Screening](#)

Multiple levels of care

Other locations provide:

- Inpatient Care
- Residential Care
- Outpatient Care
- Supportive Living

[Find a Program](#)

Children, teens, and adults can access specialized outpatient treatment during the day at Rogers in Hinsdale. We offer help for those struggling with mental health and co-occurring addiction disorders, obsessive-compulsive disorder and anxiety, trauma (posttraumatic stress disorder), and depression and other mood disorders.

Two levels of outpatient care, at the Hinsdale location, provide each patient a significant amount of time in treatment, while still maintaining a regular home schedule and strong network of family and friends.

- Intensive outpatient care-meets three hours a day, four to five days a week
- Partial hospitalization care-meets six to seven hours a day, five days a week



**STREAMWOOD BEHAVIORAL
HEALTHCARE SYSTEM**

Welcome to Streamwood Behavioral Healthcare System

Thank you for your interest in Streamwood Behavioral Healthcare System. We provide mental and behavioral health services to Children, Adolescents, and Adults through a full continuum of care.



Children

(Ages 12 and under)



Adolescents

(Ages 13-17)



Adults

(Ages 18 and up)

1400 Irving Park Rd,
Streamwood, IL 60107

Open 24 hours
(630) 837-9000

[Streamwood Hospital](#)

Substance Abuse Programs



210 SOUTH 5TH ST, SUITE 10
ST. CHARLES, IL
630-940-2468
<http://lighthouserecoveryinc.com/>

Lighthouse Recovery currently offers the following outpatient substance abuse treatment:

Level I Outpatient for adults and adolescents

Level II Intensive Outpatient for adults and adolescents

Medication Assisted Treatment

Individual & Family Therapy in conjunction with group services

DUI Evaluations & Updates

DUI Risk Education

DUI Counseling Services

Secretary of State Evaluations

Our outpatient programming consists of 3 group sessions per week, and is an open ended program depending on the clinical need of each individual.



Addiction Medicine.
Saving Lives.

VIRTUAL TEEN REHABILITATION PROGRAM

For teens, it's vitally important to catch any co-occurring disorders early on. The treatment programs at Gateway offer Dual Diagnosis Treatment, which can help adolescents better understand their addiction and any mental health disorders from a young age.

Additionally, all our adolescent substance abuse treatment programs are available online.

[400 Mercy Lane, Aurora, IL 60506](#)
[855.944.3595](#)

[Virtual Outpatient
Treatment Info](#)



H.A.S.
Healthcare Alternative Systems

Wheaton
373 S. Country Farm Road
Wheaton, IL 60187
(630) 344-0001

[More Information](#)

Youth Substance Abuse Treatment and Prevention

H.A.S. offers outpatient (OP) and intensive outpatient (IOP) treatment groups addressing adolescent substance dependency or abuse.



Renz through Ecker Center

Services for ages 11 and up

Insurance Details: All managed care Medicaid insurance, Blue Cross Blue Shield PPO and Choice, and most major insurances. If a potential client has insurance coverage questions, we are happy to help them inquire with their insurance company about benefits. If someone has an HMO they need a physician's referral if they want to use their insurance benefits. The following are in-network: Aetna Life, Aetna Better Health, Blue Cross Blue Shield, Blue Cross Community, Cenpatico, Family Health Network, Harmony Humana/LifeSynch, IlliniCare Medicare, Meridian, Molina

Adolescent Early Intervention

Our Early Intervention Services provide intervention sessions for adolescents in early stages of alcohol and drug use and experimentation. Parents are strongly encouraged to be involved with their child's care.

To schedule an assessment, contact our
Renz Office Intake Dept at:

(847) 695-0484, Option 7



rosecrance
life's waiting®

[Addiction Treatment for Teens](#)

Get Help Now (866) 330-8729

Life's Waiting

Find lasting recovery and discover your life's purpose

There is a path to recovery waiting for you, and you don't have to do it alone. At Rosecrance, we've been caring for the unique needs of our clients and their families for more than 100 years. Our evidence-based recovery services help accelerate progress and create a roadmap that goes beyond initial treatment, because that's the key to long-term success.

We offer comprehensive, individualized treatment for substance use and mental health disorders through residential treatment and outpatient programs.

WOODRIDGE INTERVENTIONS

2221 64th St
Woodridge, Illinois 60517
(630) 968-6477
[Woodridge Interventions](#)

ADOLESCENT MALE RESIDENTIAL CENTER:

Substance abuse treatment for adolescent males 13 to 18 years of age who need inpatient care. Our boys residential treatment program is highly structured, therapeutic, and predictable, providing a safe and nurturing environment for male adolescents who need an intensive level of substance abuse treatment.

ADOLESCENT RECOVERY HOME:

The Recovery Home at Woodridge is a 12 bed step-down program for males 16 to 19 years of age who have completed a residential substance abuse treatment program and who are working toward their transition to independence and continued sobriety.



NEED HELP?

For more information, or
to make a confidential
inquiry or referral.

[Contact Us Today](#)

Other Therapeutic Supports



Lead . Support . Teach . Empower .

In-Home ABA Therapy

Let us come to you!

Learners with autism can gain life skills within
comfort of their own home!

In-home ABA therapy can target:

- ✓ Increasing Communication
- ✓ Improving Social Skills
- ✓ Gaining Daily Living Skills
- ✓ Reducing Interfering Behaviors
- ✓ Teaching Leisure Skills



OUR SERVICES

- ✓ In-Home ABA Therapy
- ✓ In-Clinic Services
 - ABA Therapy
 - Speech Therapy
 - Occupational Therapy
 - Apple Academy
 - Apple Too
- ✓ Parent Academy
- ✓ School Consultation

Get Connected Today!

888.308.3728

www.bpiaba.com



255 38th Avenue, Suites F-I

St. Charles, IL 60174

Phone: (630) 509-8700

<https://byyoursideac.com/stcharles-il/>

BY YOUR SIDE Autism Therapy Services

- Dedicated to meeting the needs of individuals on the autism spectrum.
- We offer a multidisciplinary approach in a variety of settings - in-center, in-home, and in-community.
- Our comprehensive approach includes ABA, occupational, speech-language, and feeding therapies.



The Centers for
Behavior Intervention

powered by  Cultivate

2422 West Main Street
Suite 4C
St. Charles, IL. 60175
888-476-8485

CBI Fox Valley

Enroll Today

The Centers for Behavior Intervention (CBI) is dedicated to the education of individuals who have been diagnosed with autism spectrum disorder, other neurological, developmental, and behavioral disorders, or who display challenging or inappropriate behaviors that impede their ability to learn.

Programs Offered

- CBI Hangouts
- Executive Functioning Group
- Therapeutic Playgroup
- School Consultations
- Parent Training/Workshops
- Center-Based 1:1 Therapy
- In-Home Therapy



BEHAVIORAL HEALTH • AUTISM SPECTRUM ALLIANCE • PEDIATRIC THERAPY



Services Offered:

Applied Behavior Analysis

Functional Behavioral Assessment

**Behavior Reduction Programming &
Treatment**

Behavior Intervention Plan

Parent and Staff Training

Collaboration with Other Professionals

Individual Education Programs

Social Skills Groups



www.autismspectrumalliance

630-286-0026



Occupational Therapy

Speech Therapy

Physical Therapy

Chiropractic Care

Sensory & Yoga Classes

Food, Rental/Utility, Academic, &
Unemployment Assistance



Illinois Department of Human Services

JB Pritzker, Governor · Grace B. Hou, Secretary

IDHS Office Locator

IDHS Help Line

1-800-843-6154

1-866-324-5553 TTY

[Assistance Programs](#)



Feeding Our Neighbors
in Northern Illinois



273 Dearborn Court
Geneva, IL 60134
Phone: 630.443.6910

Northern Illinois Food Bank provides food through a network of 900 food pantries, soup kitchens, shelters, youth and senior centers, and has a number of other direct distribution programs to assist hungry neighbors. The Food Bank acquires donated food directly from manufacturers, as well as retail stores through our Food Recovery and Direct Connect programs.

[Where to Find Food](#)



PRAIRIE STATE LEGAL SERVICES
Equal Access to Justice

31W001 East North Avenue Suite 200
West Chicago, IL 60185
(630) 690-2130
(800) 690-2130

Serving the counties of:

- DeKalb
- DuPage
- Kane
- Kendall

Prairie State Legal Services offers free legal services for low-income persons and those age 60 and over who have serious civil legal problems and need legal help to solve them. There are 11 office locations serving 36 counties in northern Illinois.

[How To Get Help](#)



SAFETY



HOUSING



HEALTH



STABILITY



COVID
RESPONSE



St. Charles (Tri-City) Salvation
Army 1710 South 7th Avenue
St. Charles, Illinois 60174

Wherever there is a need in Batavia, Geneva, St. Charles and Central
Kane County, Illinois

You'll find the Salvation Army. Find out how we can help.

St. Charles (Tri City) Corps
Community Center

Shepherd's Heart Food Pantry & Assistance



You are welcome to visit our pantry twice a month.

****No Appointment Necessary****

We are open three days a week at our South St. Campus (2300 South St., Geneva):

- Tuesdays, 12:00 PM – 2:00 PM
- Wednesdays 9:00 AM – 11:00 AM
- Thursdays 9:00 AM – 11:00 AM & 5:00 PM – 7:00 PM*

*During our Thursday evening hours from 5:00 PM – 7:00 PM, we also serve dinner. **DUE TO THE PANDEMIC AND THE NEED FOR SOCIAL DISTANCING, DINNER IS NOT AVAILABLE AT THIS TIME.**

[For Further Help](#)



STC L.E.A.R.N.

PO Box 3115

St. Charles, IL 60174

p. (630) 225 - 3131

stcequallearning@gmail.com

[STC LEARN](#)

[Para Español](#)

[What We Do](#)

OUR MISSION:

To help St. Charles School District 303 students access equal learning and academic opportunities regardless of obstacles created by race, culture, primary language, financial circumstances, family situation, or personal hardship so that every student within the St. Charles School District has an equalized opportunity for academic achievement.



Get Connected. Get Help.™



211 is a free, confidential, 24/7/365 information and referral helpline connecting individuals and families to available health and human services.

HOW CAN WE HELP YOU?

By Phone: Simply dial **211** or call **888-865-9903**

By Text: Text your zip code to 898-211

Online: Access the 211 database here: <https://www.navigateresources.net/path/>

Recreational Activities

Your
guide for
**THINGS
TO DO**
+
**PLACES
TO GO**



in the west + far west suburbs



FAMILIES
on the Fox.com



Follow us on  and  @FamiliesOnTheFox

FAMILIES on the Fox.com



Helping you find your new favorite
local places...
with **AND** without your kids!

Daily Events Calendar |
Kids Eat Free Guide |
Sensory-Friendly Guide | Family Guide |
Adulting Guide | Local Date Nights |
Seasonal Events + Happenings |
Local Shopping Guide |
Local Eatery Guide...

...and more!

CLICK HERE



Fox Valley Special Recreation Association

Who We Are

FVSRA is an extension of the Batavia, Fox Valley, Geneva, Oswegoland, St. Charles, Sugar Grove Park Districts, and South Elgin Parks & Recreation Department

What We Do

FVSRA supports and empowers individuals with disabilities of all ages by providing engaging, community-based, leisure, and recreational activities

Service Areas

Adult Day Programs	Summer Day Camp
Adult/ Young Adult General Programs	Special Events
Fitness Programs	Special Olympics
Inclusion Services	Virtual Recreation (NEW)
Sensory Room	Youth/Teen Programs

[CLICK HERE](#) to check out our Virtual Recreation Programs in Action!



Contact

Phone: 630-907-1114

Website: www.fvsra.org

Email: info@fvsra.org



Enriching Your Life

St. Charles Park District • St. Charles, Illinois

www.stcparks.org

8 North Avenue • St. Charles, IL

630-513-6200

Monday-Thursday • 8am-9pm

Friday & Saturday • 8am-5pm

Sunday • 12-5pm

Registration Information

To ensure your registration is not delayed, fill out all forms completely and correctly including your signature and payment method. If the class of your choice is full, you will be placed on a waiting list and contacted about the status of your registration.

[Online Registration](#) begins first and is processed immediately on a first-come, first-serve basis. Mail, Walk-In or Fax Registration is randomly processed in a timely manner, which could take up to three working days to complete.

Mail or Walk-In accepted at Pottawatomie Community Center, 8 North Avenue and Baker Community Center, 101 S. Second Street. Fax registration to 630-513-9304.