

# NORTON CREEK ELEMENTARY SCHOOL

Tuesday Tidbits - April 18, 2019

Tony White, Principal  
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## Lunch Schedule

Kindergarten	11:45—12:05
1st Grade	11:20—11:40
2nd Grade	11:45—12:05
3rd Grade	11:20—11:40
4th Grade	12:15—12:35
5th Grade	12:15—12:35

ELEMENTARY REGISTRATION FEE SHEETS HAVE GONE OUT - EARLY  
BIRD DISCOUNT IF PAYMENT IS RECEIVED  
ON OR BEFORE APRIL 28TH



REGISTRATION PAPERWORK DUE TO THE  
OFFICE BY MAY 31ST—SEE IMPORTANT  
INFORMATION BELOW

FRIDAY, APRIL 19TH—SCHOOL IMPROVEMENT DAY  
NO SCHOOL FOR STUDENTS



## From the Principal.....Tony White

Kristin Souers and Pete Hall are two people I have never had the pleasure of meeting, but am proud to say they have taught me a ton about behavior and resilience. For years, I have thought I was doing it "right" by working to eliminate poor behavioral choices. However, what Souers and Hall teach us in their books "Fostering Resilient Learners" and their latest, "Relationship, Responsibility, and Regulation," is that focusing on eliminating misbehaviors may eliminate the behavior, but a new undesired behavior will pop up. Their mantra is: Every behavior is an expression of need. Last week, we learned a bit about physical needs. This week, let's talk a bit about emotional needs.

There are several ways to look at the brain, and today we will divide into the "upstairs" and "downstairs" brain. The "upstairs brain" is where we access thinking, imagining, and planning. It's the part of the brain we use for critical thinking, problem-solving, and decision-making. The "downstairs brain" is where we find "fight or flight." "Fight or flight" is important for keeping us alive as it triggers any time we feel unsafe. However, it can also leave our brains feeling unregulated until we calm down. This is when undesired behaviors may start to occur.

It is important to note that if the "downstairs brain" is activated...nothing is getting "upstairs." These moments can be challenging for us as the caring adults (and let's not forget for the child too) because of the behaviors that come along with them. We have to teach the child in moments like these how to identify their feelings, get their bodies calm, and alternative methods of dealing with these feelings.

The timing of this work is critical. We know we cannot talk to anyone when they are feeling like this - nothing is getting "upstairs." We also cannot say that a child is too young and will never get it. We have to wait until they have calmed down enough for the message to get "upstairs," but not so long that the recency of the moment is lost. Tricky stuff to be sure when we have a whirlwind of life going on around us, but also some of the most wildly important work we have to do as caring adults.

Have a nice, long weekend Norton Creek, and mark your calendars for next Friday, April 26, for the big Basket Raffle Bingo Bash! There are tons of awesome baskets to buy your tickets for, your friends will all be here, and there will be some delicious food too. Literally, something for everyone!

## Norton Creek Odds and ends....

- **ALL DAY KINDERGARTEN FINAL TUITION REMINDER**  
A reminder – All Day Kindergarten **final tuition payment was due, April 15th.**  
Payments may be made at [www.pushcoin.com](http://www.pushcoin.com).
- **ARAMARK LUNCH MENUS** To view the April lunch menu click [HERE](#).
- **NORTON CREEK FACEBOOK** Click on the following facebook icon to connect to the Norton Creek facebook page.



Norton Creek Odds and ends....

## **IMPORTANT RETURNING STUDENT REGISTRATION INFORMATION—DUE MAY 31ST**

### **FEES AND REGISTRATION FORMS DUE ON OR BEFORE MAY 31, 2019:**

Parents/Guardians should have received information regarding CUSD 303 Registration Fees (*Deadline for Early Bird Discount of \$90.00 is April 28<sup>th</sup>*). Online registration process for returning students for the 2019-2020 school year has begun. Please see the information below regarding online registration:

- [Principal letter regarding registration procedures](#)
- [Returning CUSD303 Student Registration Forms for Grades 1 - 5](#) Click on the folder labeled CURRENT STUDENT ANNUAL DISTRICT REGISTRATION UPDATE. These forms are interactive, print, complete and *return to the office on or before May 31, 2019*
- [2019-2020 CUSD 303 School Calendar](#)
- [School Supply Lists for Grades Kindergarten through 5<sup>th</sup> Grade](#)
- **PTO:** Important PTO information, instructions on donations, orders (ordering school supply packs, spirit wear and yearbook), volunteering, are available by going to the PTO website or by clicking [HERE](#)

### **SAVE THE DATES:**

When: Thursday, May 16th at 6:00 p.m.  
What: **1st & 3rd Grade Music Program**  
Where: Norton Creek Community Room

When: Monday, May 20th from 6:30—7:30 p.m.  
What: **5th Grade Parent** Presentation  
Where: Wredling Middle School Cafeteria

### **CUSD 303 News....**



### **SUMMER SCHOOLS AND CAMPS 2019**

District 303 schools offer a variety of summer school, athletic and music camp opportunities. Click [HERE](#) for brochures providing detailed information on the various offerings and grade levels served for each offering at each school. Registrations can be completed by visiting [PushCoin](#). *Additional camps will be posted as information becomes available.*

### **SURVEY REGARDING CURRENT AND FUTURE PARENT UNIVERSITY PROGRAMMING**

Please take a few moments to complete a short survey that will assist D303 in creating meaningful programming during our 2019-20 Parent University series. We appreciate your assistance in planning sessions that meet the needs of you and your family.

<https://forms.gle/pYY5DYrr2EdshMdZ7>

**Take Our Survey**

# Join the Orchestra!

Dear Future Orchestra Families,

All students entering 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grade next fall are welcome to participate in the elementary string program. Our goal is to provide meaningful learning experiences in music and develop individual student achievement and appreciation of music. The elementary instrumental music program also provides excellent preparation for the middle school and high school bands and orchestras.

Within in next month, your child will attend a brief school concert presented by current orchestra students and have the opportunity to try out the string instruments – **violin**, **viola**, **cello** and the **string bass**. Hopefully, this experience helps to familiarize them with these instruments and will encourage them to join the string program. For more information about the different instruments, please watch the videos on this website [Be Part of the Orchestra](#).



We highly recommended that all parents interested in enrolling their child in orchestra for the first time attend an informational meeting to answer any questions or discuss any specific concerns you may have in regards to your child's involvement in the program.

## **New Orchestra Information/ Registration Night**

**Date:** Monday May 6<sup>th</sup>, 2019 **Time:** 6:30 – 7:15 p.m.

**Place:** Norton Creek Elementary School

If you have any questions about the Orchestra Program, please contact us. We look forward to meeting you!

Sincerely, Orchestra Directors

Mrs. Rita Borkowski [Rita.Borkowski@d303.org](mailto:Rita.Borkowski@d303.org) (Munhall and Norton Creek)

Mrs. Elisabeth Mezera [Elisabeth.Mezera@d303.org](mailto:Elisabeth.Mezera@d303.org) (Norton Creek and Anderson)





# PTO Appreciation!

Thank you to **Jen Solare** who ran our delicious Butter Braids sale! What a great new addition to Norton Creek.

## PTO News

### **B-I-N-G-O...DON'T MISS IT! (K-5) [alisonthoms@yahoo.com](mailto:alisonthoms@yahoo.com)**

Our Baskets & Bingo Bash is coming soon – **Friday, April 26th!** This is a fun family event that you don't want to miss! Everyone is invited to play BINGO - lots of prizes to be won. All of our AMAZING baskets will be raffled off and our winning yearbook cover will be revealed, too. Take a break from cooking and have dinner at the Creek. Papa John's Pizza will be available for \$1 a slice. We will have a fabulous ice cream bar for dessert too – no charge. Bingo & ice cream are free! Join all your Norton Creek friends for a very fun night.

### **WE NEED YOU ON APRIL 26TH! (K-5) [alisonthoms@yahoo.com](mailto:alisonthoms@yahoo.com)**

The Baskets & Bingo Bash event takes more than 70 volunteers to make the night a success! Wow, that is a big number, please help :) Never volunteered before - no problem, this is a great time to start! You can help with decorating, serving pizza or ice cream, bingo or baskets! Please click [HERE](#) to sign up.

### **CULVER'S NIGHT FUNDRAISER (K-5) [mollymikebryant@gmail.com](mailto:mollymikebryant@gmail.com)**

Join your fellow Eagle families before or after your spring activities for good food and even-better frozen custard on **Thursday, April 25th from 5pm-8pm**. Drive thru or dine-in and let your friendly order taker know you're there for Norton Creek's PTO fundraiser as our PTO gets a percentage back based on our sales. Culver's is a Basket Raffle Sponsor, let's show them some support!



### **EARTH SAVERS EVENT (K-5) [mjwesner@ymail.com](mailto:mjwesner@ymail.com)**

Help us celebrate Earth Week with a returning favorite at Norton Creek. JG's Reptile show will be live in the gym on **next Thursday, April 25th from 3-4pm**. Join us for this amazing show, everyone will have a chance to get up close and personal with some amazing animals. **You must sign-up for this event on MTK to attend.** Click [HERE](#) to sign up. See attached flyer.

### **IT'S SPRING TIME! (K-5) [mjwesner@ymail.com](mailto:mjwesner@ymail.com)**

NC families will be invited to help prep, plant and adopt the OLC for a week. Watch for more information in e-news in coming weeks.

### **GET INVOLVED (K-4) [nortoncreektovicepresident@gmail.com](mailto:nortoncreektovicepresident@gmail.com)**

We are looking for caring parents to get involved and to help lead the PTO activities for next year. **Prior PTO experience is not required** to be a Committee Chair. Are you interested in volunteering but don't want to work alone? Grab a friend and chair a committee together! **Board Positions need to be filled by our May PTO Meeting.** Check out our openings: [HERE](#)

### **5th GRADE CELEBRATION (5) [kperion210@yahoo.com](mailto:kperion210@yahoo.com)**

You can now order your 5th Grade End of Year Celebration Package. It includes all of the activities for the End of Year Celebration, **May 31st**, a tee shirt (to be worn for the Too Good For Drugs program, End of Year party and Field Day), lunch, and the memory montage video. **Order and volunteer [HERE](#)**

### **5TH GRADE CELEBRATION T-SHIRTS (5) [kperion210@yahoo.com](mailto:kperion210@yahoo.com)**

Attention 5th grade parents! Please verify your child's T-shirt size in MTK **by April 26th** or we will use the size on file. If no size is recorded we will order a YL for your child. **Remember to register for the 5th grade celebration in MTK as well by May 17th!**

**Don't miss the next**  
**Norton Creek Earth Savers Meeting**  
**on Thursday, April 25**



JG's Reptile Road Show will visit Norton Creek on Thursday, April 25, 2019, from 3:00 to 4:00pm for an EARTH SAVERS special event! JG will bring his live, hands-on reptile show. All Eagles welcome to

see and touch snakes, lizards, turtles, and more!

*Every Eagle is invited - register on MTK today!*



Mark your calendars for....

# BASKETS & BINGO BASH!

April

**26**

2019

Ticket sales in LRC (5-6:30pm)

BINGO and Pizza (6:00PM)

FREE CUSTARD (6:30PM)

BASKET RAFFLE DRAWING begins (7:15PM)

FRI

**5-8**

pm