



St. Charles North High School  
**The Polaris Express**  
 Friday, November 2, 2018

**MONDAY, NOVEMBER 5**

**CLUB MEETINGS**

SAGA	Rm 445	2:30-3:30 p.m.
Mock Trial Practice	Rm 201	2:30-3:30 p.m.
Mock Trial EMPIRE Practice	Rm 201	3:30-4:30 p.m.
Breakdancing	100s Pod	2:30-4:00 p.m.
Scholastic Bowl Practice	Rm 132	2:30-4:00 p.m.

**REHEARSALS**

Madrigal Rehearsal	Rm 141	5:30-9:00 p.m.
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**STUDENT COUNCIL MEETINGS**

Executive Board	Rm 112	2:30-4:00 p.m.
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**COLLEGE VISITS**

IL Wesleyan University	LRC	10:55-11:42 a.m.
Northwoods Univ-Midland MI	LRC	10:55-11:42 a.m.

**SPECIAL EVENTS**

Junior Mtgs. w/Counselors	AUD	7:20-2:21 p.m.
Winter Play Workshop	AUD	2:30-5:30 p.m.
Parent University "Follow-Up ANGST Session #1"		
	Anderson LRC	6:30-8:00 p.m.
PTO Mtg.	LRC	7:00-9:00 p.m.

**TUESDAY, NOVEMBER 6**

**CLUB MEETINGS**

DECA	Rm 114	2:30-3:15 p.m.
Spanish Nat'l Honor Soc	LRC Nook	2:30-3:30 p.m.
Model UN	Rm 232	2:30-3:30 p.m.
Educators Rising	Rm 409	2:30-3:30 p.m.
Engineering Design Club	Rm 406	2:30-3:30 p.m.
Tech Crew	Rm 133/Scene Shop	2:30-5:30 p.m.
Chess Tournament	LRC Cube A	2:45-5:30 p.m.

**STUDENT COUNCIL MEETINGS**

Class of 2019	Rm 407	6:45-7:15 a.m.
Class of 2020	Rm 302	6:45-7:15 a.m.
Class of 2021	Rm 203	6:45-7:15 a.m.
Class of 2022	Rm 441	6:45-7:15 a.m.

**COLLEGE VISITS**

St. Mary's Univ of MN	LRC	10:02-10:49 a.m.
St. John's Univ w/College of St. Benedict MN		
	LRC	11:48-12:35 p.m.

**SPECIAL EVENTS**

Choir Concert	AUD	7:30-9:30 p.m.
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**WEDNESDAY, NOVEMBER 7**

***(Tutorial Schedule)***

**CLUB MEETINGS**

Music Enthusiasts	Rm 124	2:30-3:00 p.m.
HOSA	Rm 407	2:30-3:15 p.m.
Key Club	Rm 302	2:30-3:30 p.m.
Culture Shock	Rm 234	2:30-3:30 p.m.
Mock Trial Practice	Rm 201	2:30-3:30 p.m.

**TUTORING**

Peer Tutoring	Rm 101-104	6:00-8:00 p.m.
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**COLLEGE VISITS**

Cornell College	LRC	10:23-11:06 a.m.
Dominican University IL	LRC	10:23-11:06 a.m.

**SPECIAL EVENTS**

Winter Play Auditions	AUD	2:30-5:30 p.m.
Concert & Symphonic Bands w/TMS	AUD	7:00-9:30 p.m.

**THURSDAY, NOVEMBER 8**

**CLUB MEETINGS**

Team Polaris	110s Pod/Rm 112	2:30-3:30 p.m.
RENGA	Rm 204	2:30-3:30 p.m.
Computer Science Club	Rm 300	2:30-3:30 p.m.
German NHS Mtg. & Tutoring	M484	2:30-3:30 p.m.
Nat'l English Honor Soc.	Rm 302	2:30-3:30 p.m.
Drama Club	Rm 133	2:30-4:00 p.m.

**COLLEGE VISITS**

Western Michigan Univ	LRC	8:13-9:03 a.m.
Roosevelt Univ-College of Performing Arts		
	LRC	9:09-9:56 a.m.

**SPECIAL EVENTS**

Chamber Orchestra, Chorale, & Bel Canto Concert		
	Wentz Concert Hall	7:30-9:30 p.m.

**FRIDAY, NOVEMBER 9**

**CLUB MEETINGS**

Mock Trial-EMPIRE Practice	Rm 201	2:30-4:30 p.m.
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**STUDENT COUNCIL MEETINGS**

SC Committee	Rm 302	6:45-7:15 a.m.
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**SPECIAL EVENTS**

Winter Play Call backs	AUD	2:30-5:30 p.m.
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### **SATURDAY, NOVEMBER 10**

#### **CLUB MEETINGS**

Mock Trail EMPIRE Practice Rm 201 8:00-3:00 p.m.

### **SUNDAY, NOVEMBER 11**

#### **SPECIAL EVENTS**

Veterans Celebration Concert AUD 6:30-8:30 p.m.

### **FUTURE DATES**

Nov 12	411 Schedule
Nov 12	Red Ribbon Week
Nov 12	School Board Mtg.
Nov 13	Orchestra Concert
Nov 14	Early Release Schedule
Nov 14	Junior College Night
Nov 14	SCN Variety Show Auditions
Nov 15	Heart Screenings
Nov 15	Vocal Jazz Concert

## **SCN Theatre Prepares Fall Play:**

### **LOVE/SICK**

**By John Cariani**

SCN Theatre will present Love/Sick by John Cariani on Thursday, November 1, through Saturday, November 3, at 7:30 p.m. in the St. Charles North Auditorium.

*"It's 7:30 on a Friday night in late June in an alternate suburban reality."* John Cariani, known for Almost, Maine, guides us through nine darkly humorous and visceral vignettes that characterize the very real struggles, frustrations, and passions of human relationships. From break-ups, boredom and uncertainty, to unbridled infatuation and destiny, Cariani captures an honest portrayal of love with which we can all identify.

The show is directed by Ms. Natalee Hryniewicz, and with a cast of 16 students and around 25 tech students, over 40 students are involved to create this funny and cerebral production. It will definitely be a theatrical experience you won't want to miss this fall!

"A dark, amusing look at romance...strikes just the right balance between wisdom and whimsy...light, bright, anti-romantic, and engaging." —The Hartford Courant.

Entertaining and fun. A satisfyingly dark look at this thing we call love." —BroadwayWorld.com.

#### **Productions:**

- **Thursday, November 1, at 7:30 PM**
- **Friday, November 2, at 7:30 PM**
- **Saturday, November 3, at 7:30 PM**

***Tickets are \$5 students, \$7 adults, & \$3 senior citizens.***

***To purchase tickets in advance, go to [north.d303.org](http://north.d303.org)***

For further show information, contact Ryan Colton at [ryan.colton@d303.org](mailto:ryan.colton@d303.org).



## **12th Annual Veterans Celebration Concert**

SUNDAY, NOVEMBER 11, 2018

6:30 P.M.

The concert is free, but you must be a ticket holder to attend.

Our nation's veterans are honored at this **12th Annual Performance of American Music** by the St. Charles North Concert Bands.

Veterans are invited to arrive at 5:15 p.m. to enjoy refreshments and social time and to enter the auditorium early for priority seating.

**ORDER TICKETS HERE**

## **PTO NEWS**

### **PTO MEETING**

Please join us **Monday, November 5, at 7:00 p.m. in the LRC for our monthly PTO meeting** and at 7:30 p.m. for an informative North presentation!

“Are you, as a parent, curious about the resources provided in the library or digital tools our students have access to at North? How do we, as a school, support a one-to-one environment? Come and meet our media and instructional technology specialists and our student Chrome Depot team at the November 5 PTO meeting. Check out our space in the LRC and how it is changing to meet the needs of today's learner and ask instructional technology questions to better support your child.”

### **MAKE A DATE FOR YOUR STUDENT'S HEART!**

Get a no-cost heart screening for your student(s) at North on November 15!

REGISTER YOUR STUDENT(S) AT [www.yh4l.org](http://www.yh4l.org).

This is a school-wide event; thus, we need MANY adult volunteers. There are three volunteer opportunities for the Young Hearts for Life event: 6:30-11am, 10-2:30pm, or all day. In addition, there is a mandatory training session to be held on Wednesday, November 14th from either 5:30-7pm or 7-8:30pm. Volunteer positions may include registration, sticker application, lead attachment, and data entering. Questions: Contact Carrie LaFreniere ([carrie.lafreniere@d303.org](mailto:carrie.lafreniere@d303.org)).

Sign up to volunteer: [HEART SCREENING VOLUNTEER](#)

## WHAT IS PARENT UNIVERSITY?

Parent University was developed in response to the need for programming to address the social and emotional needs of students in District 303. The content has evolved over the years to include additional topics on issues facing today's youth.

District 303 regards parent engagement as fundamental to the success of our students both inside and outside of the classroom. Parent University is designed to create partnerships between school and home, and provide a place where parents and staff members can learn together.

Join us for Parent University programs aimed at engaging local experts, parents and school staff in conversations about ways in which we can collectively strengthen our communities. Programs are free and open to the public.

In addition to programming at District 303 sites, Centennial Counseling will lead monthly informational sessions. Please scroll down to see more details about the sessions being offered by Centennial Counseling.

### UPCOMING PARENT UNIVERSITY OFFERINGS IN 2018-19

November 5, 2018

#### **Follow-Up ANGST Session #1**

Anderson Elementary LRC

6:30-8:00 p.m.

[Details & Registration](#)

Learn strategies to assist and respond to your child when they are feeling anxious. Tim Buhrt, from Centennial Counseling, along with D303 staff will offer insight on how to help your child deal with anxiety.

December 4, 2018

#### **Talking to your Child about the Dangers of Drug & Alcohol Use**

STC North HS - Rm 302

6:30-8:00 p.m.

[Details & Registration](#)

Matthew Quinn, Licensed Counselor from Rosecrance will provide information and resources that will help parents identify major risk factors for drug use among youth/adolescents. Teach the signs of drug use and appropriate responses. Provide tools to implement steps that prevent children from gaining access to opioid drugs. Information will also be shared regarding vaping and e-cigarettes.

January 24, 2019

#### **Follow-Up ANGST Session #2**

Wasco Elementary LRC

6:30-8:00 p.m.

*Registration link coming soon*

January 30, 2019

#### **Preventing & Addressing Bullying: Lessons Learned & Resources for Parents**

Thompson 6th Grade Cafeteria

6:30-8:00 p.m.

[Details & Registration](#)

Faculty from the NIU Psychology Dept. will present information from their research and their work as part of a US Dept. of Education training grant "Project Prevent & Address Bullying." TMS is partnering with NIU on this grant project and will be bringing resources that will be shared throughout the district. Helpful knowledge, tips, and resources that parents can use when dealing with bullying situations will be presented.

# HONOR YOUR 2019 GRADUATE WITH A YEARBOOK PARENT AD

A long standing tradition for Saint Charles North's students, the *Polaris* yearbook offers an opportunity for you to submit a photo and special message for your soon-to-be graduate.

Typically, parents write about how proud they are of their child and wish them luck as they leave high school. Some even choose to include a small inside joke, family saying or special quote.

Cost  
\$75  
Deadline  
May 31, 2019

**You may submit one photo and a brief message.**

Please make sure your digital photo (or scanned image) is of good quality and not pixilated or blurry.


For "headline" simply use your student's full name.

We always knew you were destined for great things. We're honored and proud to see you grow into such a caring and generous human being. Congrats on this big milestone, buckle up it's just the beginning. It's not where you start, it's where you finish; but most importantly it is the journey.  
XOXO-MP



Jordan Love  
Chanthaboury

You are such a positive young man. We are very proud of everything you have accomplished. You have always been very confident in who you are and that has been an inspiration to all of us. We can't wait to see where Technical Theater takes you.  
Love you always,  
Mom, Dad, Kaitlyn, Nicole & Cody



Justin  
Nielson

Mackenzie May,  
You have grown in to an amazing young lady. We have been so blessed to have been apart of your journey and we cannot wait to watch your future unfold. The best is yet to come, but you sure gave this year ALL accomplishing your goals you set for yourself in this phase of life. We are proud that you have always stayed true to yourself, when faced with challenges you had courage and confidence to overcome. We love you, and will always be here in the wings when you need us. After seeing how you have developed as a person thus far there is no doubt this world will be a better place with you participating in it. Love you to the moon and back!  
Mom, Dad and Keegan



Mackenzie  
Wells

All 2019 parent ads must be submitted online. Here's how:

Click on the BUY A PARENT AD banner at <http://bit.ly/2xBOrXo>  
OR

Go to [www.yearbookforever.com](http://www.yearbookforever.com) and enter SAINT CHARLES NORTH.

- Follow the steps onscreen to enter text, upload photo and pay online.
- Note: photo size limit is 25MB