



St. Charles North High School
The Polaris Express
 Friday, October 26, 2018

MONDAY, OCTOBER 29

CLUB MEETINGS

SAGA	Rm 445	2:30-3:30 p.m.
Mock Trial Practice	Rm 201	2:30-3:30 p.m.
Mock Trial EMPIRE Practice	Rm 201	3:30-4:30 p.m.
Breakdancing	100s Pod	2:30-4:00 p.m.
Scholastic Bowl Practice	Rm 132	2:30-4:00 p.m.
Stargazer Layout	Rm 429	2:30-6:30 p.m.
Peer Leadership Halloween Party	100s-210s Pod/Cafeteria	5:30-8:15 p.m.

REHEARSALS

Madrigal Rehearsal	Rm 141	5:30-9:00 p.m.
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STUDENT COUNCIL MEETINGS

Executive Board	Rm 112	2:30-4:00 p.m.
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COLLEGE VISITS

Univ of Michigan-Ann Arbor	LRC	9:09-9:56 a.m.
Kent State University	LRC	12:41-1:28 p.m.

TUESDAY, OCTOBER 30

CLUB MEETINGS

DECA	Rm 114	2:30-3:15 p.m.
Spanish Nat'l Honor Soc	LRC Nook	2:30-3:30 p.m.
Model UN	Rm 232	2:30-3:30 p.m.
Stargazer Layout	Rm 429	2:30-6:30 p.m.

STUDENT COUNCIL MEETINGS

Class of 2019	Rm 407	6:45-7:15 a.m.
Class of 2020	Rm 302	6:45-7:15 a.m.
Class of 2021	Rm 203	6:45-7:15 a.m.
Class of 2022	Rm 441	6:45-7:15 a.m.

COLLEGE VISITS

Univ of Maryland-Park College	LRC	8:13-9:03 a.m.
Univ of Wisc-Whitewater	LRC	11:48-12:35 p.m.

WEDNESDAY, OCTOBER 31

(Early Release Schedule)

CLUB MEETINGS

Mock Trial Practice	Rm 201	2:30-3:30 p.m.
Stargazer Layout	Rm 429	2:30-6:30 p.m.

STUDENT COUNCIL MEETINGS

North Star Council	Rm 302	1:30-2:45 p.m.
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COLLEGE VISITS

Missouri State Univ (MO)	LRC	11:12-11:55 a.m.
Loyola Univ - Chicago	LRC	12:01-12:44 p.m.

THURSDAY, NOVEMBER 1

CLUB MEETINGS

Nat'l Honor Society	Rm 302	6:45-7:15 a.m.
RENGA	Rm 204	2:30-3:30 p.m.
German NHS Mtg. & Tutoring	M484	2:30-3:30 p.m.
Drama Club	Rm 133	2:30-4:00 p.m.

COLLEGE VISITS

Chicago State University	LRC	10:55-11:42 a.m.
Debutante Beauty Academy (IL)	LRC	11:48-12:35 p.m.

SPECIAL EVENTS

Fall Play "Love/Sick"	AUD	7:30-9:30 p.m.
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FRIDAY, NOVEMBER 2

CLUB MEETINGS

Fellowship of Christian Students	Rm 443	6:00-7:15 a.m.
Mock Trial-EMPIRE Practice	Rm 201	2:30-4:30 p.m.

STUDENT COUNCIL MEETINGS

SC Committee	Rm 302	6:45-7:15 a.m.
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COLLEGE VISITS

Wittenberg University (OH)	LRC	11:48-12:35 p.m.
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SPECIAL EVENTS

Fall Play "Love/Sick"	AUD	7:30-9:30 p.m.
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SATURDAY, NOVEMBER 3

SPECIAL EVENTS

ILMEA Concert Festival	Elgin HS	8:00-5:00 p.m.
Fall Play "Love/Sick"	AUD	7:30-9:30 p.m.

SUNDAY, NOVEMBER 4

SPECIAL EVENTS

Make a Difference STC – <i>Feed My Starving Children</i>		
Aquascapes in STC		8:00-4:00 p.m.

FUTURE DATES

Nov 5	Junior Mtgs. w/Counselors
Nov 5	Winter Play Workshop
Nov 5	Parent University "Follow-Up ANGST Session #1"
Nov 5	PTO Mtg.
Nov 6	Choir Concert
Nov 7	Tutorial Schedule
Nov 7	Winter Play Auditions
Nov 7	Concert & Symphonic Bands w/TMS Concert

SCN Theatre Prepares Fall Play:
LOVE/SICK
By John Cariani

SCN Theatre will present Love/Sick by John Cariani on Thursday, November 1, through Saturday, November 3, at 7:30 p.m. in the St. Charles North Auditorium.

"It's 7:30 on a Friday night in late June in an alternate suburban reality." John Cariani, known for Almost, Maine, guides us through nine darkly humorous and visceral vignettes that characterize the very real struggles, frustrations, and passions of human relationships. From break-ups, boredom and uncertainty, to unbridled infatuation and destiny, Cariani captures an honest portrayal of love with which we can all identify.

The show is directed by Ms. Natalee Hryniewicz, and with a cast of 16 students and around 25 tech students, over 40 students are involved to create this funny and cerebral production. It will definitely be a theatrical experience you won't want to miss this fall!

"A dark, amusing look at romance...strikes just the right balance between wisdom and whimsy...light, bright, anti-romantic, and engaging." —The Hartford Courant.

Entertaining and fun. A satisfyingly dark look at this thing we call love." —BroadwayWorld.com.

Productions:

- **Thursday, November 1, at 7:30 PM**
- **Friday, November 2, at 7:30 PM**
- **Saturday, November 3, at 7:30 PM**

Tickets are \$5 students, \$7 adults, & \$3 senior citizens.

To purchase tickets in advance, go to north.d303.org

For further show information, contact Ryan Colton at ryan.colton@d303.org.



PTO NEWS

MAKE A DATE FOR YOUR STUDENT'S HEART!

Get a no-cost heart screening at North on November 15!
REGISTER YOUR STUDENT AT www.yh4l.org.



This is a school-wide event; thus, we need MANY adult volunteers. There are three volunteer opportunities for the Young Hearts for Life event: 6:30 - 11:00 a.m., 10:00 - 2:30 p.m., or all day. In addition, there is a mandatory training session to be held on Wednesday, November 14, from either 5:30 - 7:00 p.m. or 7:00 - 8:30 p.m. Volunteer positions may include registration, sticker application, lead attachment, and data entering. Questions: Contact Carrie LaFreniere: carrie.lafreniere@d303.org.

Sign up below to volunteer!
[HEART SCREENING VOLUNTEER](#)

THANK YOU!

We want to thank all those who helped with this year's Homecoming Dance. THANK YOU to those who sold tickets: Maria Melone, Colleen Brown, Alberta Crescenzo, Donna Zocher, and Estelle Grant.

Also, thank you to all who helped man the refreshment table: Demetrio Torres, Pat and Dave Kolodziej, Kathy Schaumburger, and the chair of the event, Marlo Torres.

THANK YOU FOR YOUR CONTINUED SUPPORT OF THE NORTH PTO!



WHAT IS PARENT UNIVERSITY?

Parent University was developed in response to the need for programming to address the social and emotional needs of students in District 303. The content has evolved over the years to include additional topics on issues facing today's youth.

District 303 regards parent engagement as fundamental to the success of our students both inside and outside of the classroom. Parent University is designed to create partnerships between school and home, and provide a place where parents and staff members can learn together.

Join us for Parent University programs aimed at engaging local experts, parents and school staff in conversations about ways in which we can collectively strengthen our communities. Programs are free and open to the public.

In addition to programming at District 303 sites, Centennial Counseling will lead monthly informational sessions. Please scroll down to see more details about the sessions being offered by Centennial Counseling.

UPCOMING PARENT UNIVERSITY OFFERINGS IN 2018-19

November 5, 2018

Follow-Up ANGST Session #1

Anderson Elementary LRC

6:30-8:00 p.m.

[Details & Registration](#)

Learn strategies to assist and respond to your child when they are feeling anxious. Tim Buhrt, from Centennial Counseling, along with D303 staff will offer insight on how to help your child deal with anxiety.

December 4, 2018

Talking to your Child about the Dangers of Drug & Alcohol Use

STC North HS - Rm 302

6:30-8:00 p.m.

[Details & Registration](#)

Matthew Quinn, Licensed Counselor from Rosecrance will provide information and resources that will help parents identify major risk factors for drug use among youth/adolescents. Teach the signs of drug use and appropriate responses. Provide tools to implement steps that prevent children from gaining access to opioid drugs. Information will also be shared regarding vaping and e-cigarettes.

January 24, 2019

Follow-Up ANGST Session #2

Wasco Elementary LRC

6:30-8:00 p.m.

Registration link coming soon

January 30, 2019

Preventing & Addressing Bullying: Lessons Learned & Resources for Parents

Thompson 6th Grade Cafeteria

6:30-8:00 p.m.

[Details & Registration](#)

Faculty from the NIU Psychology Dept. will present information from their research and their work as part of a US Dept. of Education training grant "Project Prevent & Address Bullying." TMS is partnering with NIU on this grant project and will be bringing resources that will be shared throughout the district. Helpful knowledge, tips, and resources that parents can use when dealing with bullying situations will be presented.

HONOR YOUR 2019 GRADUATE WITH A YEARBOOK PARENT AD

A long standing tradition for Saint Charles North's students, the *Polaris* yearbook offers an opportunity for you to submit a photo and special message for your soon-to-be graduate.

Typically, parents write about how proud they are of their child and wish them luck as they leave high school. Some even choose to include a small inside joke, family saying or special quote.

Cost
\$75
Deadline
May 31, 2019

You may submit one photo and a brief message.

Please make sure your digital photo (or scanned image) is of good quality and not pixilated or blurry.


For "headline" simply use your student's full name.

We always knew you were destined for great things. We're honored and proud to see you grow into such a caring and generous human being. Congrats on this big milestone, buckle up it's just the beginning. It's not where you start, it's where you finish; but most importantly it is the journey.
XOXO-MP



Jordan Love
Chanthaboury

You are such a positive young man. We are very proud of everything you have accomplished. You have always been very confident in who you are and that has been an inspiration to all of us. We can't wait to see where Technical Theater takes you.
Love you always,
Mom, Dad, Kaitlyn, Nicole & Cody



Justin
Nielson

Mackenzie May,
You have grown in to an amazing young lady. We have been so blessed to have been apart of your journey and we cannot wait to watch your future unfold. The best is yet to come, but you sure gave this year ALL accomplishing your goals you set for yourself in this phase of life. We are proud that you have always stayed true to yourself, when faced with challenges you had courage and confidence to overcome. We love you, and will always be here in the wings when you need us. After seeing how you have developed as a person thus far there is no doubt this world will be a better place with you participating in it. Love you to the moon and back!
Mom, Dad and Keegan



Mackenzie
Wells

All 2019 parent ads must be submitted online. Here's how:

Click on the BUY A PARENT AD banner at <http://bit.ly/2xBOrXo>
OR

Go to www.yearbookforever.com and enter SAINT CHARLES NORTH.

- Follow the steps onscreen to enter text, upload photo and pay online.
- Note: photo size limit is 25MB